

NUTRITION STUDY FIELD STUDENTS' SURVEY ABOUT THE CONTENT OF THE SUBJECT AND TEACHING QUALITY

AUTUMN SEMESTER 2025-2026

DURATION: The study subjects taken in the autumn semester of 2025-2026 could be evaluated after receiving the final assessment of the subject by 27 February 2026.

OBJECTIVE: To reveal students' opinion about the content and quality of teaching of the study subject.

TARGET GROUP: all students of the field of Nutrition studies who have attended the study subjects and received evaluations in the autumn semester of 2025-2026.

OBJECT OF THE RESEARCH: study subjects carried out in the autumn semester of 2025–2026.

RESEARCH METHOD: questionnaire survey (quantitative and qualitative empirical data collected). The survey was conducted in the electronic space – the Study Management System. The data was processed using Microsoft Excel and SPSS programs. Participation in the survey was voluntary, the survey was confidential and anonymous. The students evaluated the quality of the content and teaching according to the formulated statements on a five-point scale (1 – I strongly disagree, 5 – I completely agree). Students of the nutrition studies carried out the assessment of the quality of the subject content according to 6 criteria, the assessment of the quality of teaching according to 8 criteria, a total of 14 criteria.

RESULTS: Summarizing the results obtained, it can be said that the quality of the content of the subjects in the field of Nutrition is evaluated very high according to all criteria (averages more than 4 points out of 5). Most respondents agree with the statements that self-study task was useful (4.36) and that the criteria set are clear and understandable (4.36). Other aspects were similarly evaluated: the theory is based on practical examples (4.3), the assessment tasks provided an opportunity to demonstrate the knowledge and abilities acquired during the studies (4.31), the theory is based on practical examples (4.3), and the objectives of the study subject are clearly defined (4.29). The statement that the subject of study helped to acquire new knowledge and skills (4.26) scored the least points (see Figure 1). The quality of the subject content was evaluated at 81.89 percent, the effort in studying was 8.93 out of 10 points.

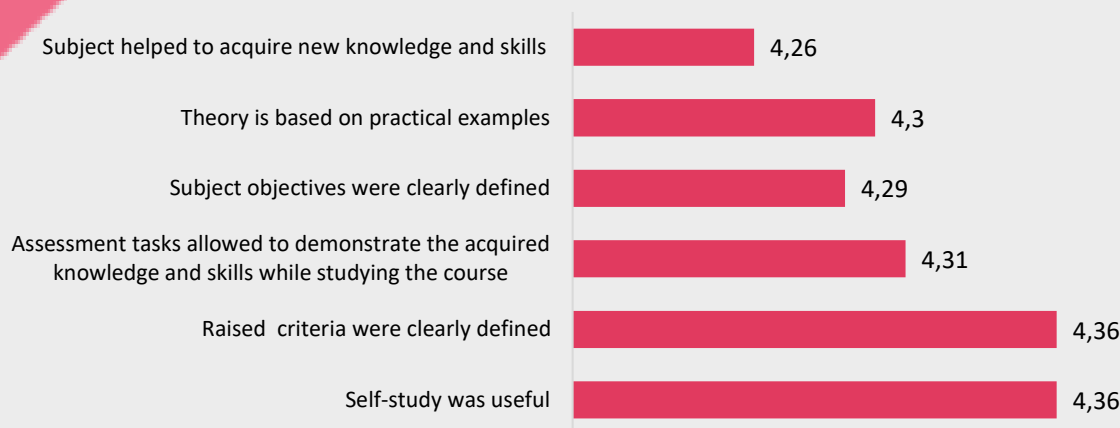


Figure 1. Quality assessment of the content of subjects in the field of nutrition studies according to criteria (averages), n=70

*Note: The average of the Likert scale is provided.
The higher the average, the more respondents agree with the statement*

The quality of teaching of subjects in the field of nutrition studies is evaluated very high according to all criteria (averages more than 4 points out of 5) (see Figure 2). Respondents mostly agree with statements that lecturers interacted with students respectfully and ethically (4.62) and worked according to a schedule (4.62). The least respondents agree with the statement that the lecturer applied various teaching methods (4.08). The quality of teaching was evaluated at 81.98 percent.

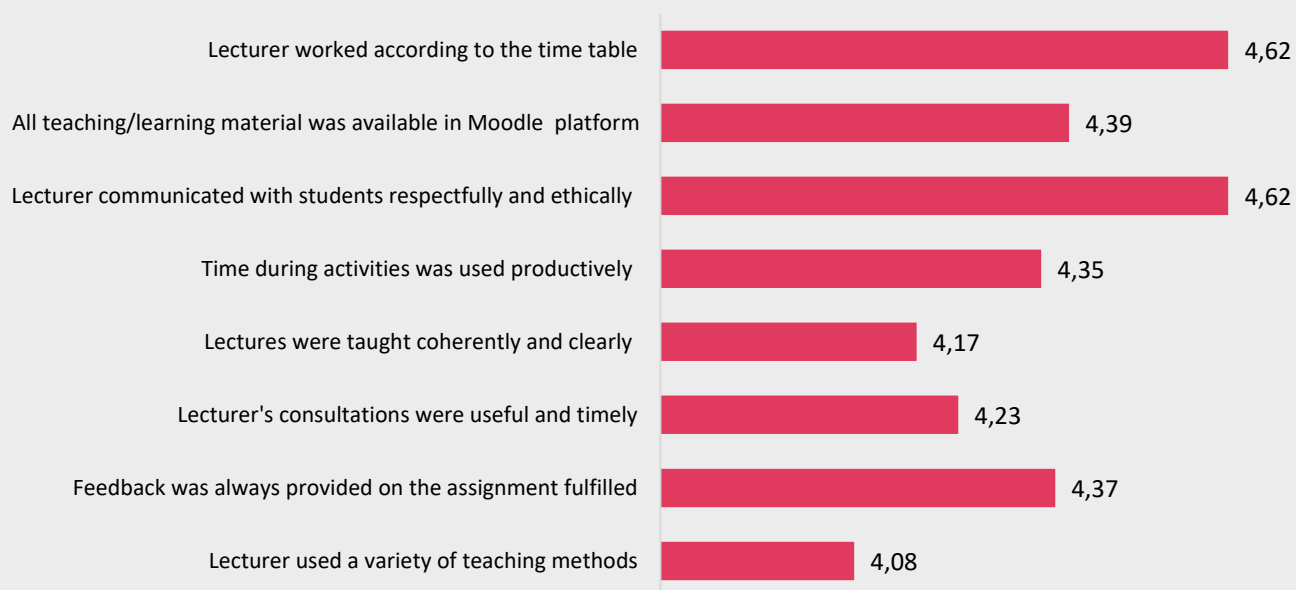


Figure 2. Assessment of the quality of teaching of subjects in the field of nutrition studies according to criteria (averages), n=84

*Note: The average of the Likert scale is provided.
The higher the average, the more respondents agree with the statement*